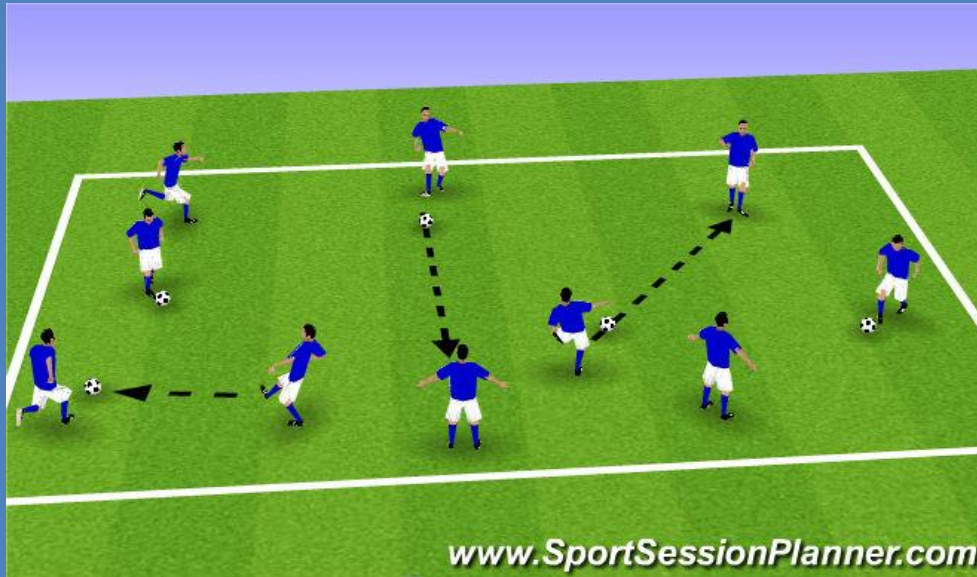


# Passing and moving



## RULES

- Half players with a ball
- Players pass and move

## POINTS

- Keep head up
- Communicate
- Know what to do when you get the ball
- Find a space when you don't have the ball

# 4 team game



## RULES

- 4 teams each defending their goal
- Teams can score in any other of the 3 opponent goals
- Coach plays new ball in when ball goes out of bound

## POINTS

- Quality passes
- Don't stand a wait
- Look to win ball back when not got it
- Look to attack when won ball
- Quick passes and shots

# 3v3v3 (or 4v4v4)



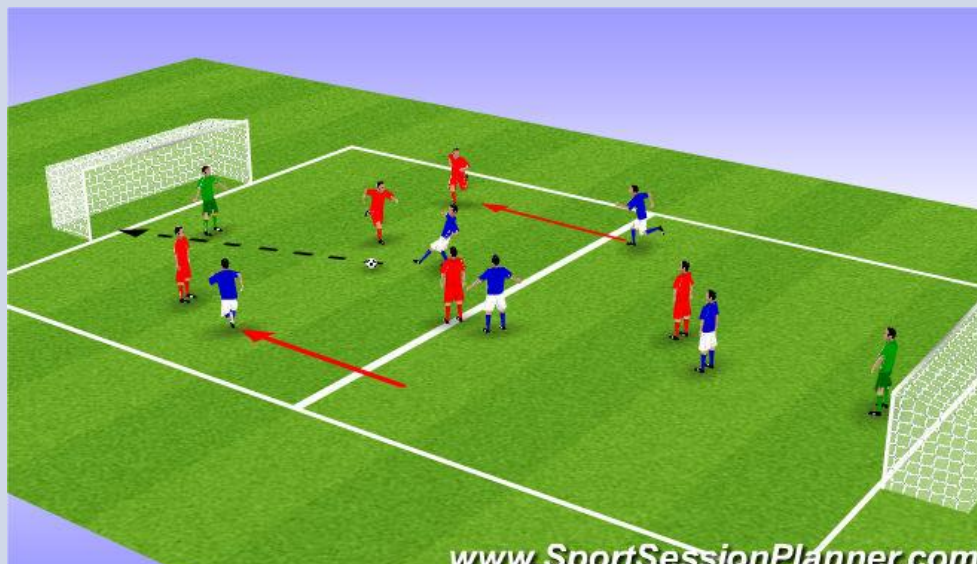
## RULES

- Area divided into 3
- Middle zone is Neutral
- Team stay in area unless breaking into neutral zone
- Team starting in Neutral zone try and score by getting ball across the end line
- If defending team win the ball they try and get to the neutral zone and then in to the next box against the other team
- If a team scores on the end line, game starts with that team trying to get to the neutral zone (teams swap direction)

## POINTS

- Quality passes
- Don't stand a wait
- Be ready on transition
- Know the boundaries

# 6v6 GAME



## RULES

- 6v6 with goalkeepers

## POINTS

- Look to win ball back
- Quick decision
- Quality passes
- Look to penetrate quickly